

DISC GOLF

Score Cards available at Guest Services in Blue Ridge Center



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ALTERNATIVE DISC GOLF FORMATS:

Doubles - Teams of two golfers are determined. On the course, both players throw their tee shot, and then decide which lie they would like to play.

Highs and Lows - Play 1 round as normal. During the second round compose new teams with the best overall score paired with the worst overall score, second best score paired with the second worst score, and so on. Your individual score then becomes your singles score plus your doubles score.

Blind Nine - All players play 18 holes. After round is complete, draw 9 random holes that are to be used to calculate your score.

Eclectic - Play two rounds. Take the best score on each hole from either of the two rounds played and total them up for an 18 hole score.

In case of an emergency, call Guest Services at (828) 669-8422.

YMCA BLUE RIDGE ASSEMBLY - DISC GOLF

OBJECTIVE - Each hole begins with a tee-off at the tee pad and finishes at the target. As a player progresses down the fairway, he or she must make each consecutive shot from the spot where the previous throw has landed. A successful completion of hole occurs when a disc comes to rest fully inside (not on top of or underneath) the basket. The object is to complete each hole in the fewest number of throws.

ORDER OF PLAY - The order on the first tee will be by mutual arrangement or by flipping discs (heads /tails). After all players in the group have teed off, the player whose disc is farthest from the hole always throws first. Tee off order on all subsequent holes is determined by the score on the previous hole, so that the player with the fewest strokes/lowest score tees off first.



Hole	1	2	3	4	5	6	7	8	9	Front	
Feet	214	278	214	348	181	287	225	212	240	2199	
Par Beginner/Amateur	4/3	4/3	4/3	5/4	4/3	4/3	4/3	4/3	4/3	37/28	

SCORING:

One point is counted each time the disc is thrown. As with traditional golf, each hole has a posted Par, or desired number of strokes to complete the hole. The winner is the golfer with the lowest total cumulative score at the end of the game. A Mulligan (a free throw that does not cost a stroke) can be used once per player at any point on the course.

FIRST TEE BOX IS ON THE LEFT SIDE OF THE DOWN ROAD BELOW THE TENNIS COURTS

Hole	10	11	12	13	14	15	16	17	18	Back	Total
Feet	140	124	256	192	115	157	157	166	166	1473	3672
Par Beginner/Amateur	3/3	3/3	4/3	3/3	4/3	4/3	4/3	4/3	4/3	32/27	70/55

PENALTIES:

A one point throw penalty is added to the player's score for the following infractions:

- **Falling Putt** - Stepping past the lie in a follow-through step within 30 feet of the basket.
- **Out-of-Bounds** - Wooded areas/ Water Hazards. A throw that lands out of bounds must be played from where the disc went out of bounds, relocated to the previous lie, or as close to the point where the disc last crossed into out-of-bounds.
- **Unplayable Lie** - A lie that is more than 2 meters above the ground.

Course map on page 2

YMCA BLUE RIDGE ASSEMBLY
DISC GOLF MAP

